HEALTHY SNACK CLUB
LOCALLY GROWN, FRESH, HEALTHY SNACKS FOR YOUR OFFICE!

How to Form a UC Davis Farmers Market Healthy Snack Club:
There are many different structures for implementing a UC Davis Farmers Market healthy snack club in your department or office. Below are some suggested basic steps…

1. Find a point-person to coordinate the healthy snack club (HSC). This person will be responsible for finding staff to participate and coordinating logistics.

2. Determine deadline to collect money (suggested $20/quarter).


4. Send email to all staff to promote HSC.

5. Create spreadsheet with participants and dates.

6. Determine who will be in charge of collecting and storing the money.

7. Find people to assist with the purchase and distribution of the items. Ask members of the HSC to volunteer. Someone will have to pick up the items from the UC Davis Farmers Market and then at least 2 people are needed for the bagging of items.

8. Develop a schedule for who will go to the market to purchase items and who will divide up the items.

9. Determine how to transport items from market back to office (e.g. rolling cart).

10. Divide up produce into individual bags. If almonds and raisins purchased divide them into single serving snacks by using small Ziploc bags or place items into basket for shared consumption.

11. Determine the best location for the snacks in the new building. If using a reusable bag, designate a space for the bags to be returned.

12. Let participants know when the snacks are available to be picked up.

The UC Davis Farmers Market is located on the Silo Patio and is open from 11am-1:30pm on Wednesdays during fall and spring quarters.

http://farmersmarket.ucdavis.edu  @UCDFarmersMarket  UC Davis Farmers Market